



# Teen Talk

Delivered by



Winter 2024/5

## Funding News

Staff have been focusing on funding as the bank balance became worryingly low. The following bids have been successful - Rural Poverty Action Group £5,000; Fife Health Charity, £4,400; Mary Moore, £3,000; Tesco Stronger Starts, £1,500; Cash for Kids, £612; Asda Grassroots, £500. The first stage of Children in Need's application process has been submitted.

\*Thank you to all our fabulous Funders\*

## Social Events

We had a fun night on 2<sup>nd</sup> October at TenPin in Glenrothes, with bowling, air hockey and pool, finishing off the evening with pizza. 20 people came along. It was great to see lots of friendly competition and encouraging each other to have a go at the pool and air hockey.



32 folk attended the Christmas meal on Wednesday 11<sup>th</sup> December, 6-8pm at the Rule. Who did us an excellent deal, saving the Project over £150 on last year's bill. Huge thanks to Omar and staff. There was another impressive festive attire turnout. It's heartening to see the young people connect and friendships form at the social event.



## Volunteer Recruitment

\*Welcome to Team LINK - **Sebastian, Carlina, Rumbidzai and Tyler** who trained in September  
**Brodie, Lynne and Katie** who very recently completed their induction\*  
\*Do get in touch if you, or someone you know, is interested in volunteering at LINK\*.

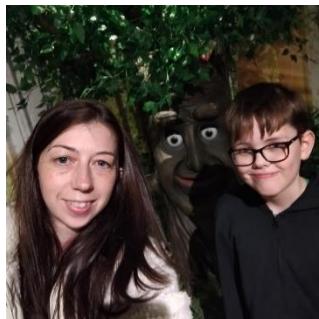
## Volunteer Achievements

Alfie was the first recipient of the new "Star Befriender" badge. For those who go above and beyond in their role. Lucy and Ron have received one too. Though all our volunteers are deeply valued.



Congratulations on achieving your Saltire Certificates - Grace 50 hours, Emma 100 hours plus LINK Certificates: Niall 50; Conor, Gyasiwa, Peter and Ron 100; Lucy 150 hours.

## Spotlight on Befriending



Maria and Marklee visited Cluny Clays and played mini adventure golf. The theme of the course is 'a journey through the Heartlands of Fife' where you may recognise some well-known landmarks. We do love seeing what you all get up to so keep sending us your photos. Speak to Maria or Jane to check if your befriended has the photo permissions in place.

## Staff Wellbeing Meetings

After a particularly challenging spell, staff now have monthly wellbeing blethers over a brew. These are very therapeutic and fun, fair lift your mood!

## Free Training Courses

- Fife Council e-learning training, [All courses | Fife Council Partner Organisations VLE \(learningnexus.co.uk\)](https://learningnexus.co.uk) LINK volunteers complete Child Protection; Trauma; Self Harm & Suicide- Supporting Young People as part of their induction training.
- [Health Promotion Training Programme 2024-2025](#)
- Fife Violence Against Women Partnership (FVAWP) [Training Programme October 24 - March 25](#)

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