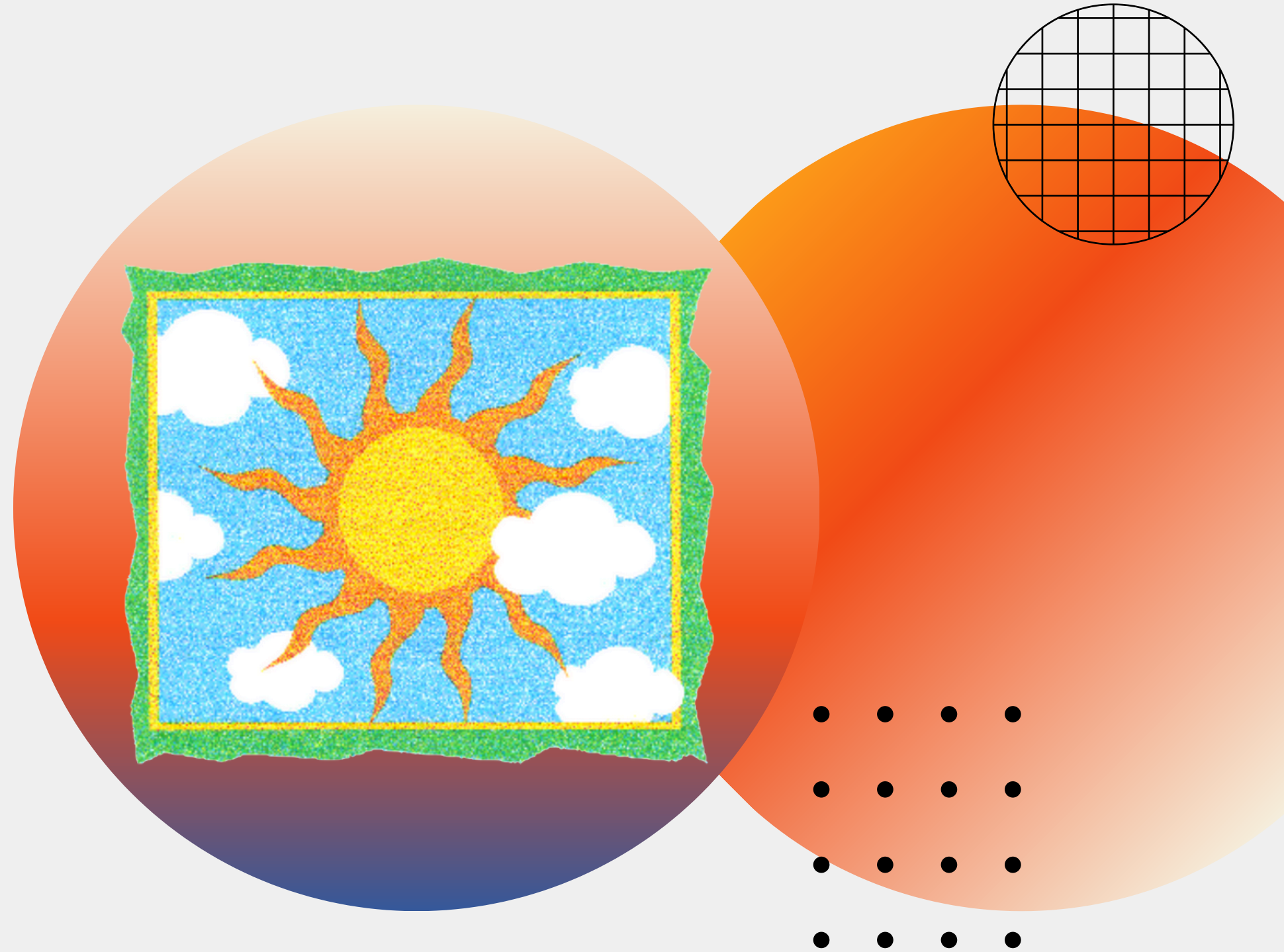


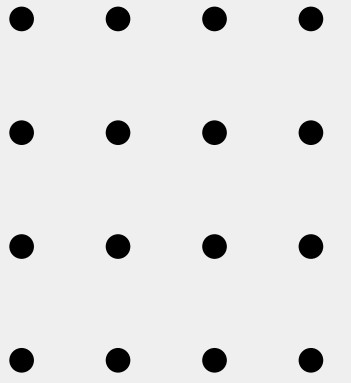
May/June 2024

LINK Befriending Projects - Demographic Assessment

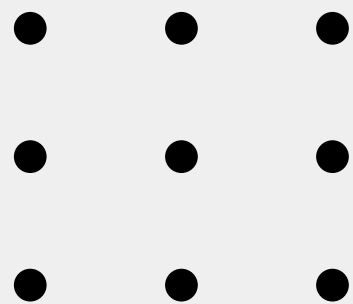
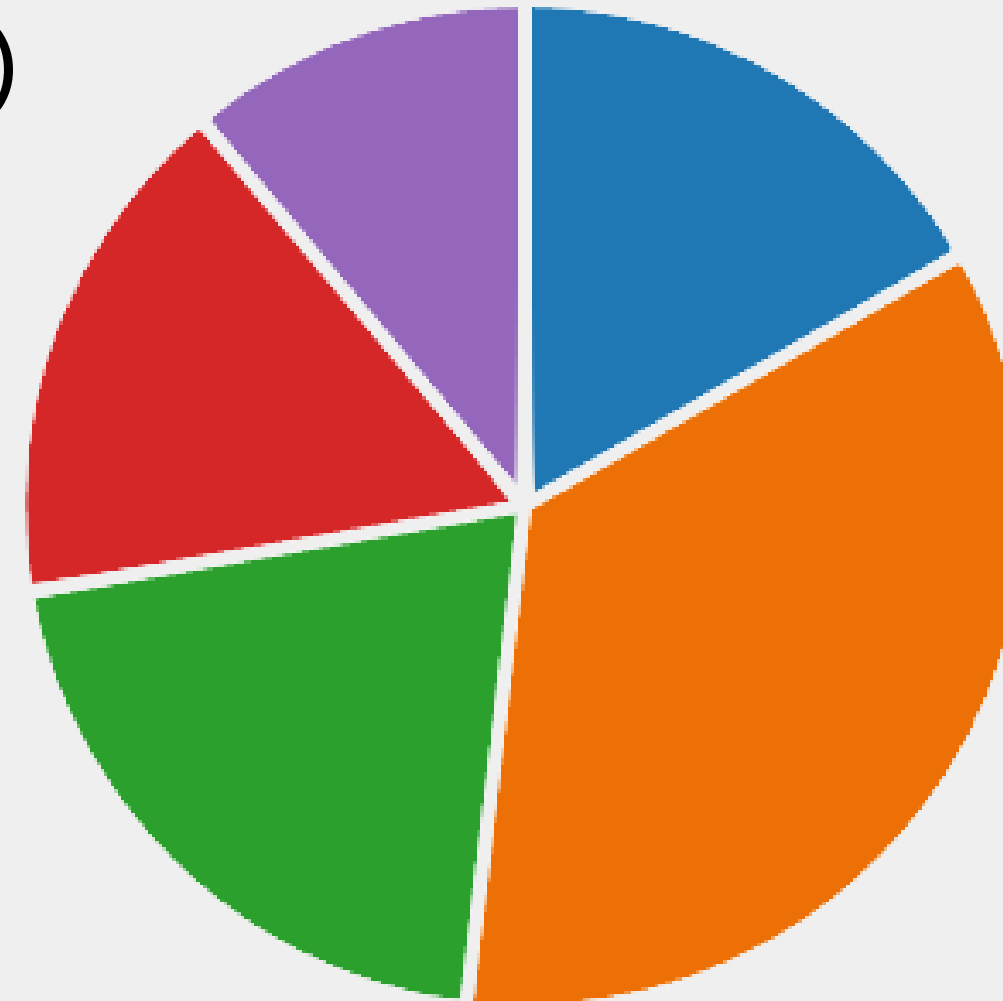
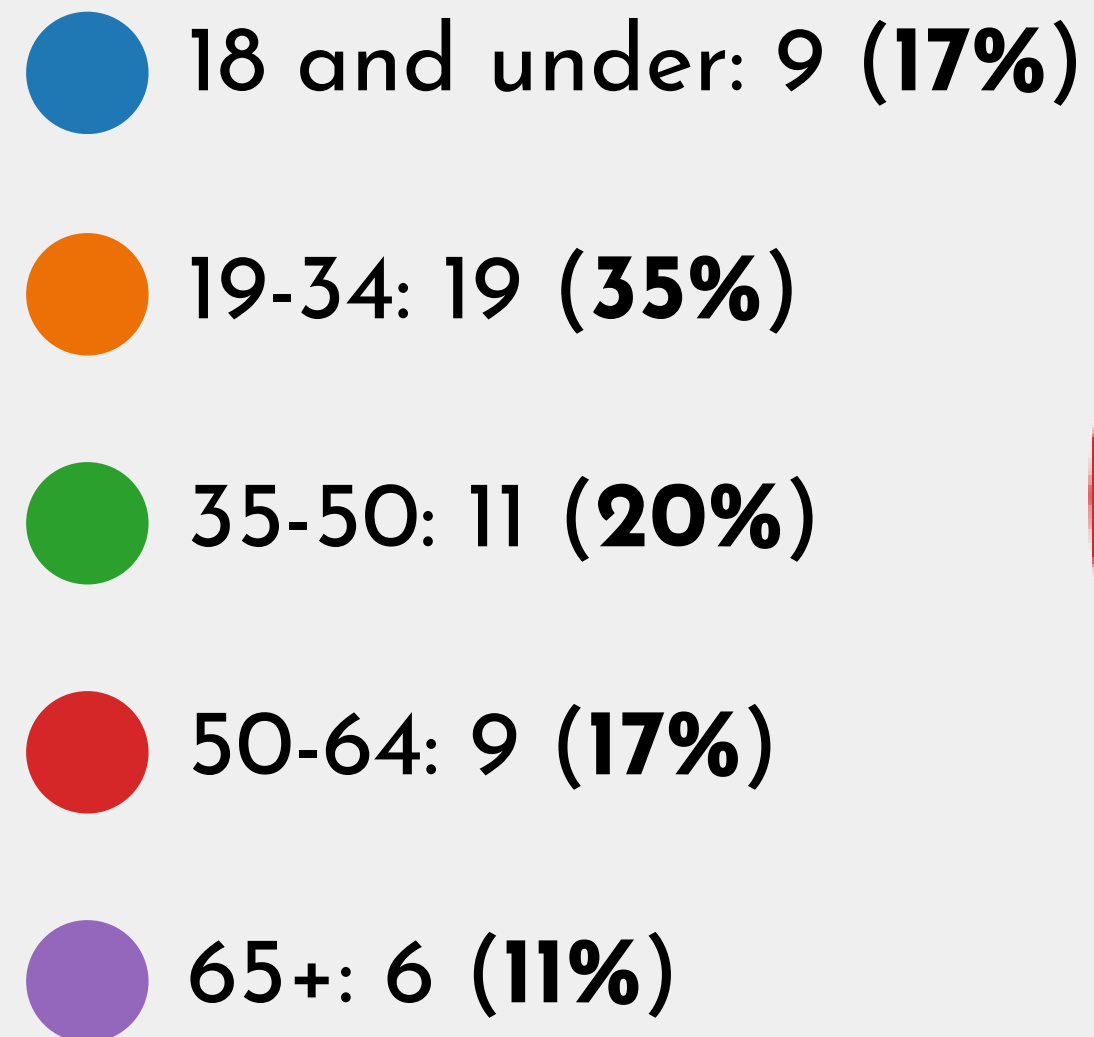


General Overview

- Of the 109 surveys sent out, 54 members responded (49% response rate)
 - Respondents include a combination of volunteers, befriendeers, staff and board members
 - With a few exceptions, all survey questions were mandatory
-



🌐 Age Frequency 🌐



Gender Breakdown



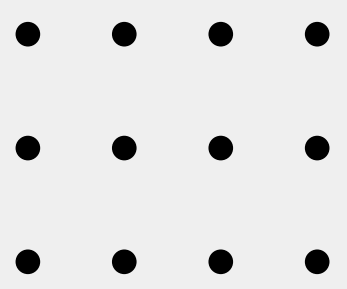
Women: 33

Men: 21

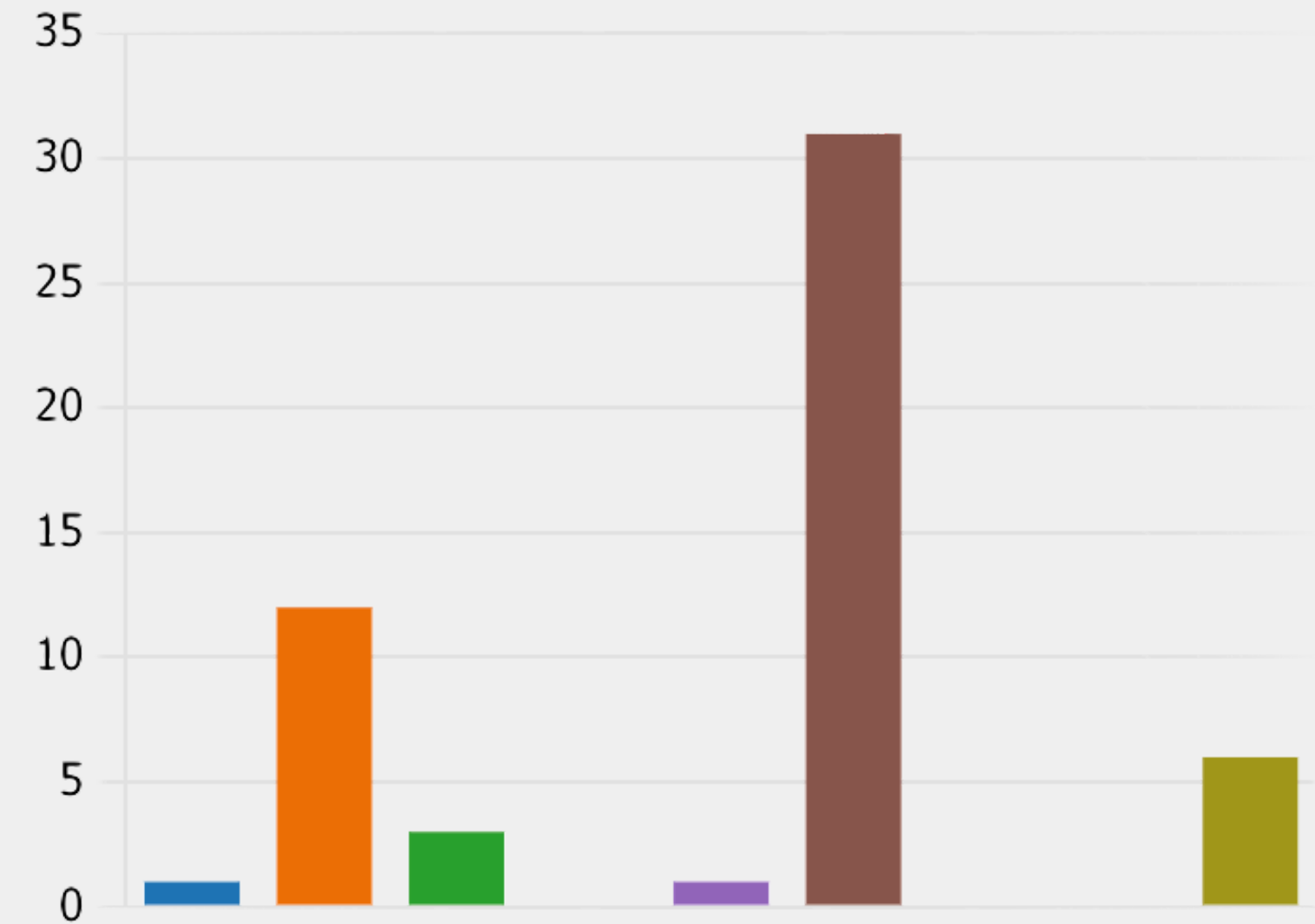


There were 0 responses for the categories 'non-binary', 'prefer to self describe', and 'prefer not to say'

Sexuality & Sexual Orientation

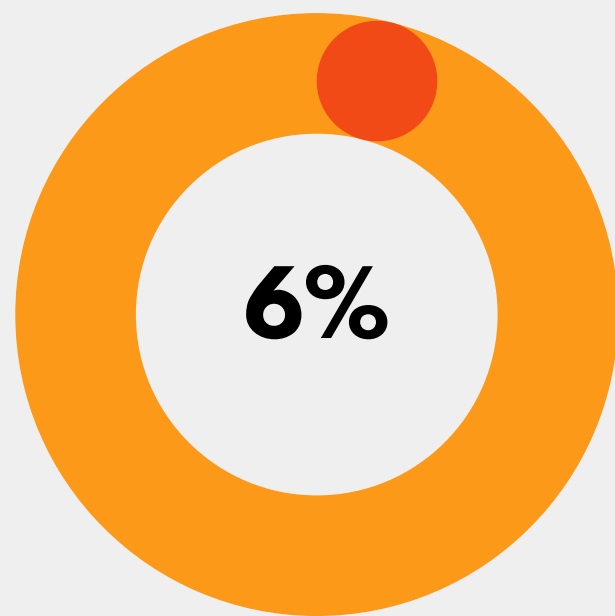
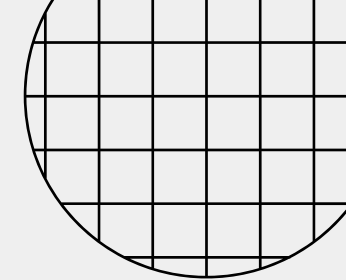


- Asexual: 1 (1.8%)
- Bisexual: 12 (22.2%)
- Gay man: 3* (5.5%)
 - Gay woman: 0
- Queer: 1 (1.8%)
- Straight/Heterosexual: 31 (55.6%)
 - Pansexual: 0
 - Identify in another way: 0
- Prefer not to say: 6 (11.1%)

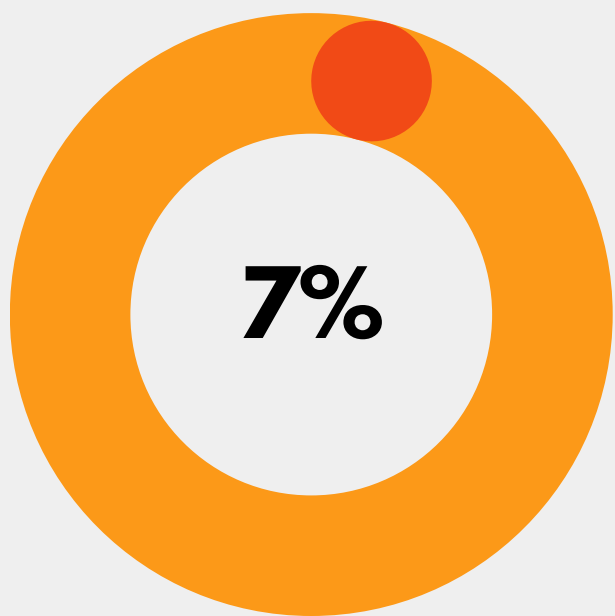


*All respondents identifying as a gay man also experience barriers/limitations in day-to-day activities. This may be a result of social stigma and marginalisation

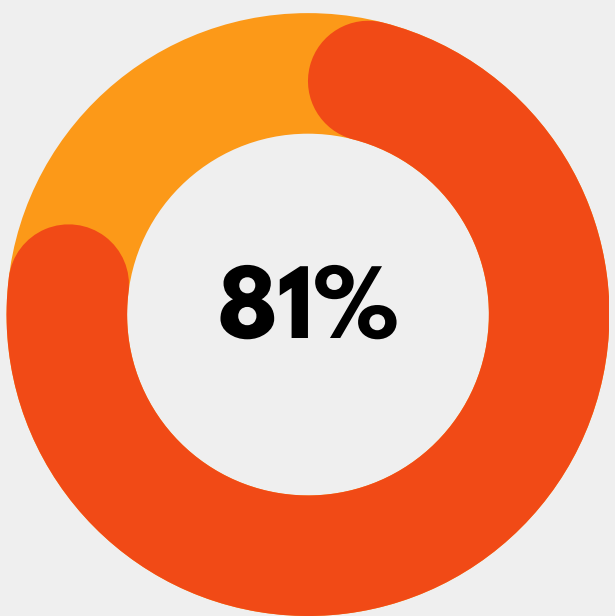
Ethnic Diversity



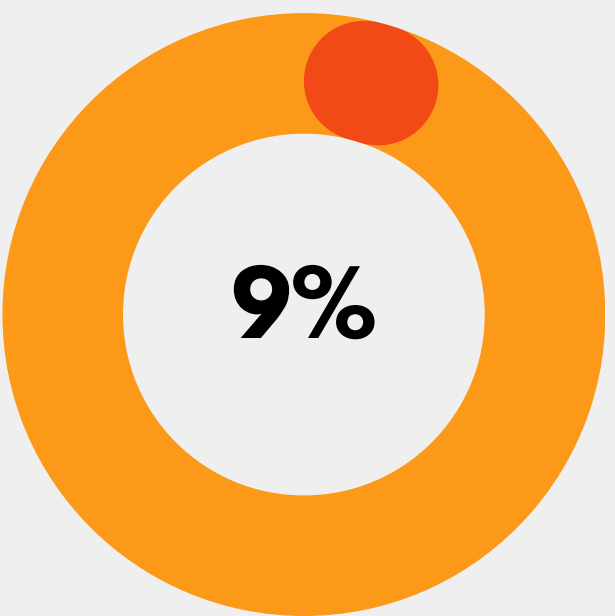
Asian/Asian British (Indian): 3



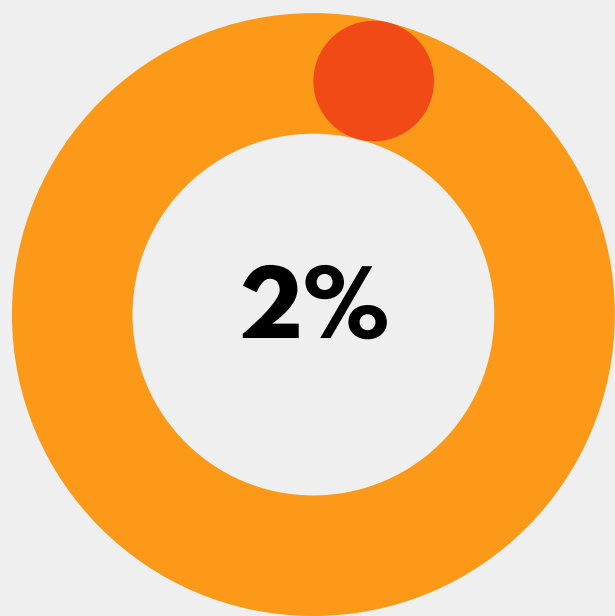
Black/African/Caribbean/Black British (African): 4



White (English/Welsh/Scottish/Northern Irish/British): 44



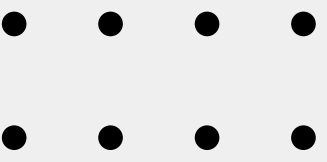
Any other White background: 5



Prefer to self describe: 1

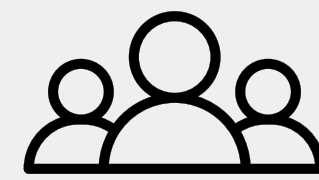
Not Included:

- Asian/Asian British (Bangladesh)
- Asian/Asian British (Chinese)
- Asian/Asian British (Pakistani)
- Asian/Asian British (Any other Asian background)
- Black/African/Caribbean/Black British (Caribbean)
- Any other Black/African/Caribbean/Black British background
- White (Gypsy or Irish Traveller)
- White (Irish)
- White (Roma)
- Arab
- Hispanic
- Latina/Latino/Latinx
- Any other ethnic group

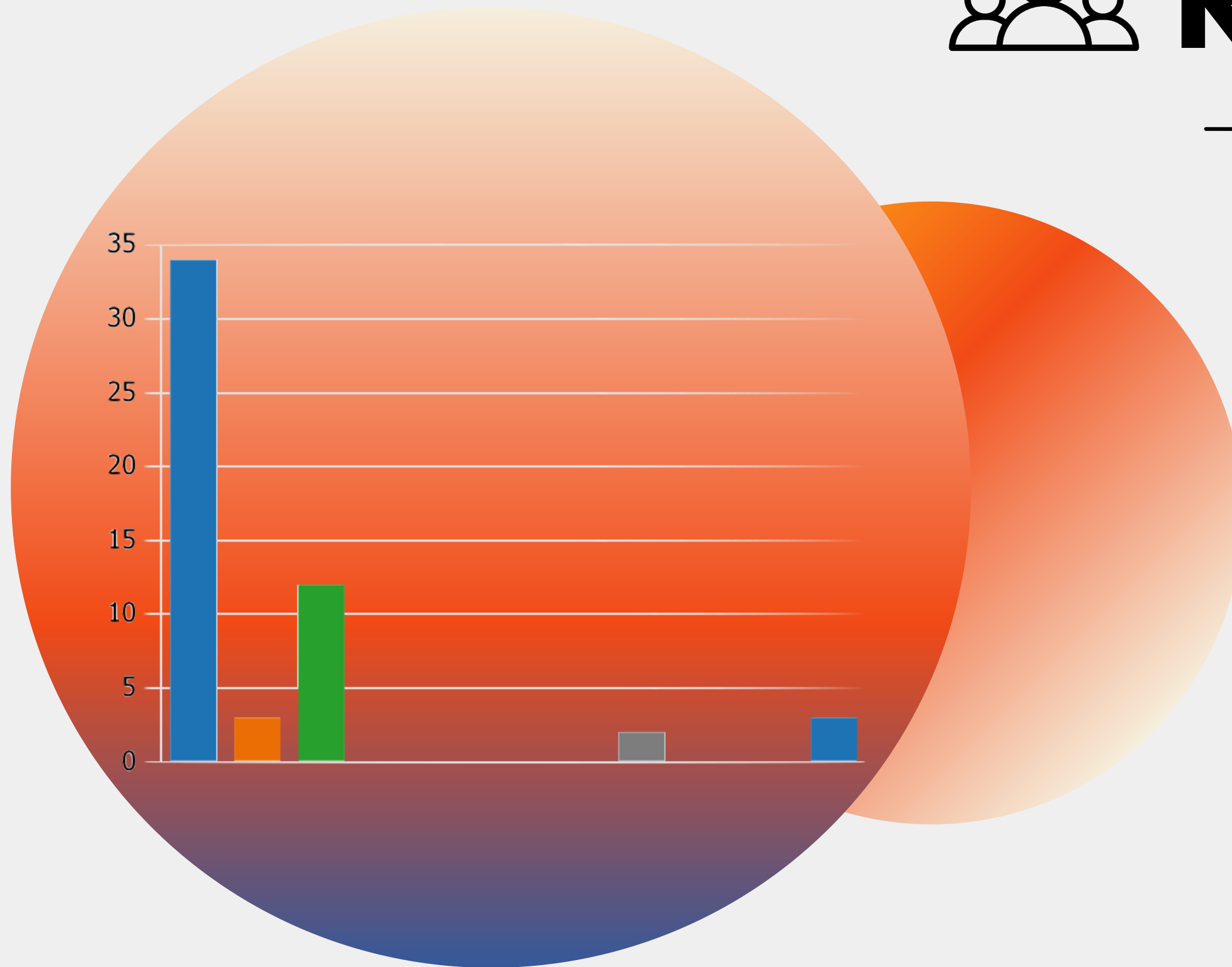


With a lack of specific ethnicity, there lies the possibility these individuals may not feel represented. Prompts potential further research

Although seemingly imbalanced, a higher 96% of Fife's general population is white



Religious Identity



● No religion: 34 (63.0%)

● Buddhist: 3 (5.6%)

● Christian: 12 (22.2%)

Hindu: 0

Jewish: 0

Muslim: 0

Sikh: 0

● Spiritual: 2 (3.7%)

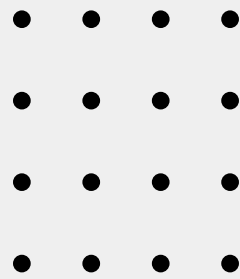
Any other religion or belief: 0

Have a strongly held religion or belief but prefer not to specify what this is: 0

● Prefer not to say: 3 (5.6%)

These percentages are fairly in line with that of the general population of fife (eg. approximately half comsider themselves areligious)

Disability Prevalence



“Do you consider yourself to be a disabled person?”

- Yes: 16 (**30%**)
- No: 34 (**63%**)
- Prefer not to say: 4 (**7%**)



Approximately 25% of the Scottish population is defined as disabled

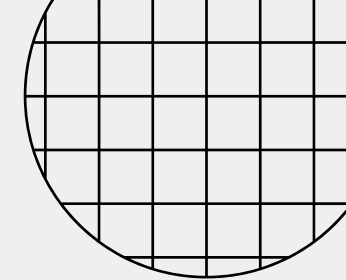
“Do you consider yourself to be living with any of the following that has an impact on your health or day-to-day living?”

- Mental health: **28**
- Physical health: **14**
- Sensory/cognitive/neurodivergent: **10**
- None of the above: **20**
- Prefer not to say: **3**

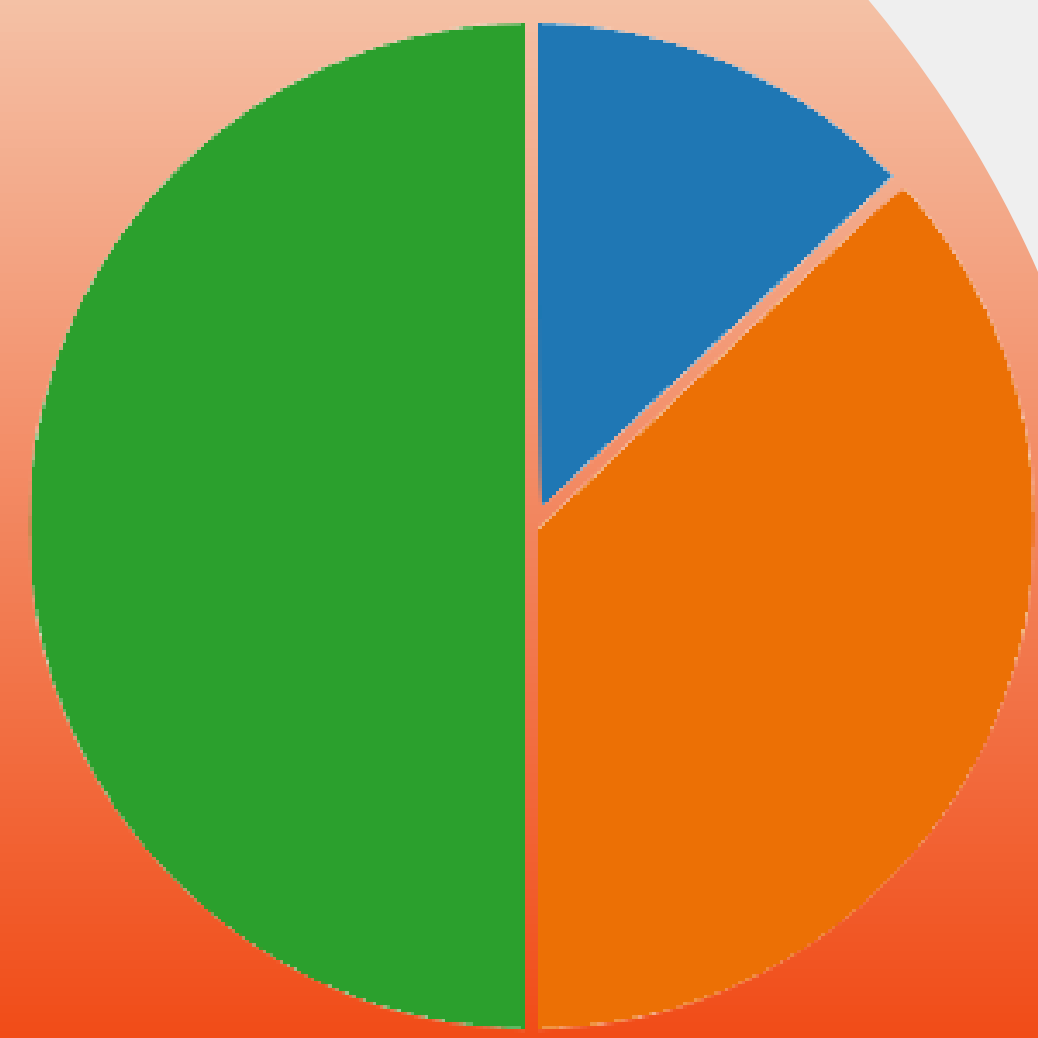


Answers were multiselectable, hence why the aggregate exceeds 54

Do you experience barriers or limitations in your day-to-day activities related to any health conditions (including mental health), physical, sensory or cognitive differences?



- Substantial barriers: 7 (13%)
- Some/small barriers: 20 (37%)
- None: 27 (50%)




Only 14% of those claiming to experience barriers of some sort identify as being disabled

Comparison with Fife as a Whole

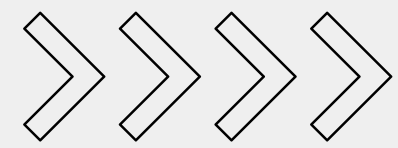
Substantial barriers: **9.5%**

Some/small barriers: **11%**

None: **79.5%**



Scotland's Census
Shaping our future
A' dealbhadh ar n-àmh ri teachd



Types of Barriers and Limitations

“**Mental health** issues,
absences from work,
chronic **fatigue** syndrome -
limits activities, **autism** -
communication difficulties”

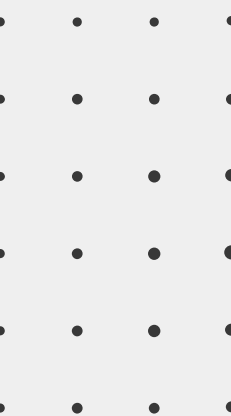
● “**Type 1 diabetes** and
other autoimmune
diseases”

**Example
Responses**

● “**Decision making**,
independent travelling,
money **management**”

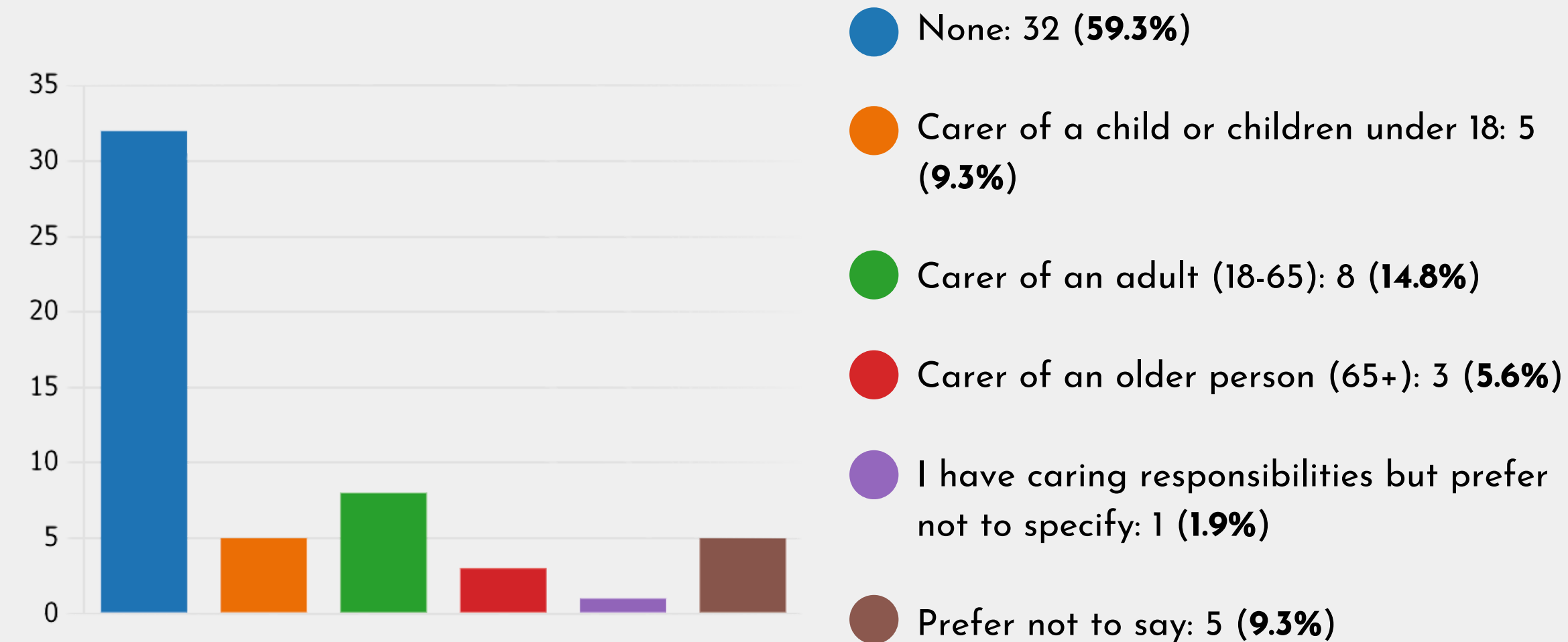
● “**Loneliness**, blindness,
mobility issues”

It is important to note that many responses don't pertain
to a specific category - barriers are interconnected



Caring Responsibilities

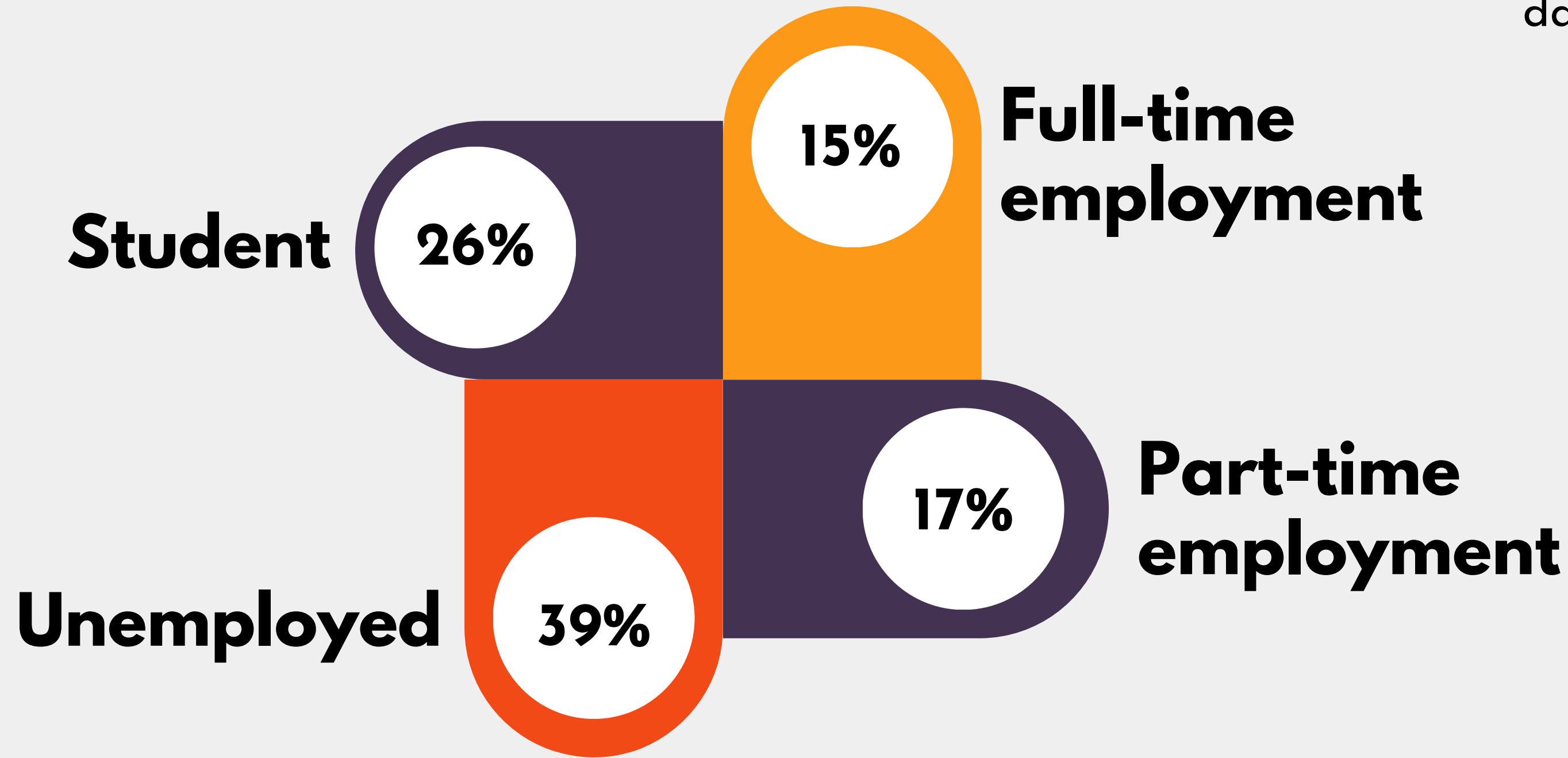
Over **3 in 10** individuals have some form of caring responsibility



Across Fife, approximately 9.5% of the population undertake provision of unpaid care, which is less than a third of the rate for LINK's survey responses

Employment Status

100% of the full-time employed respondents state they don't experience barriers to day-to-day activities

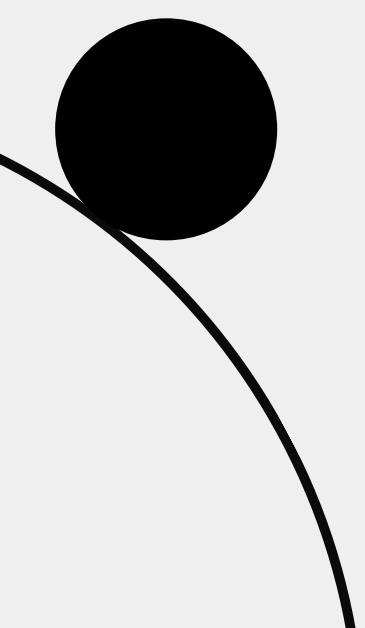
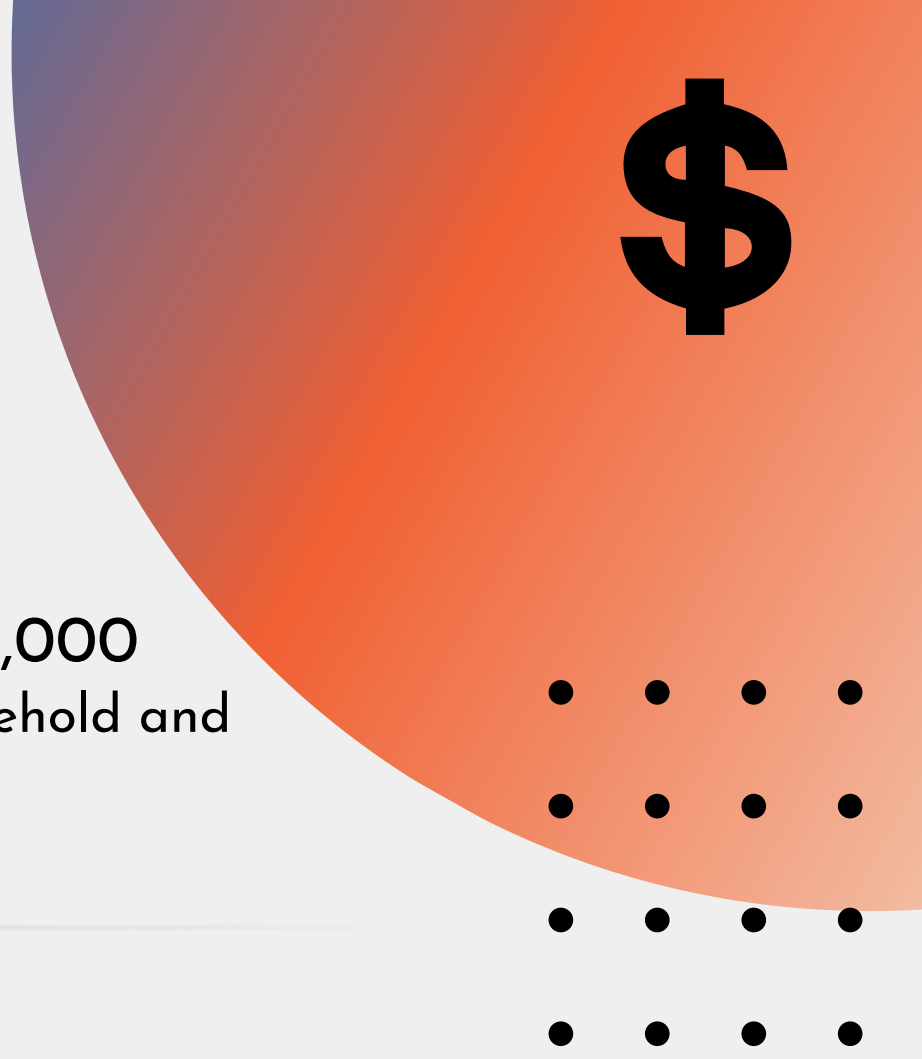
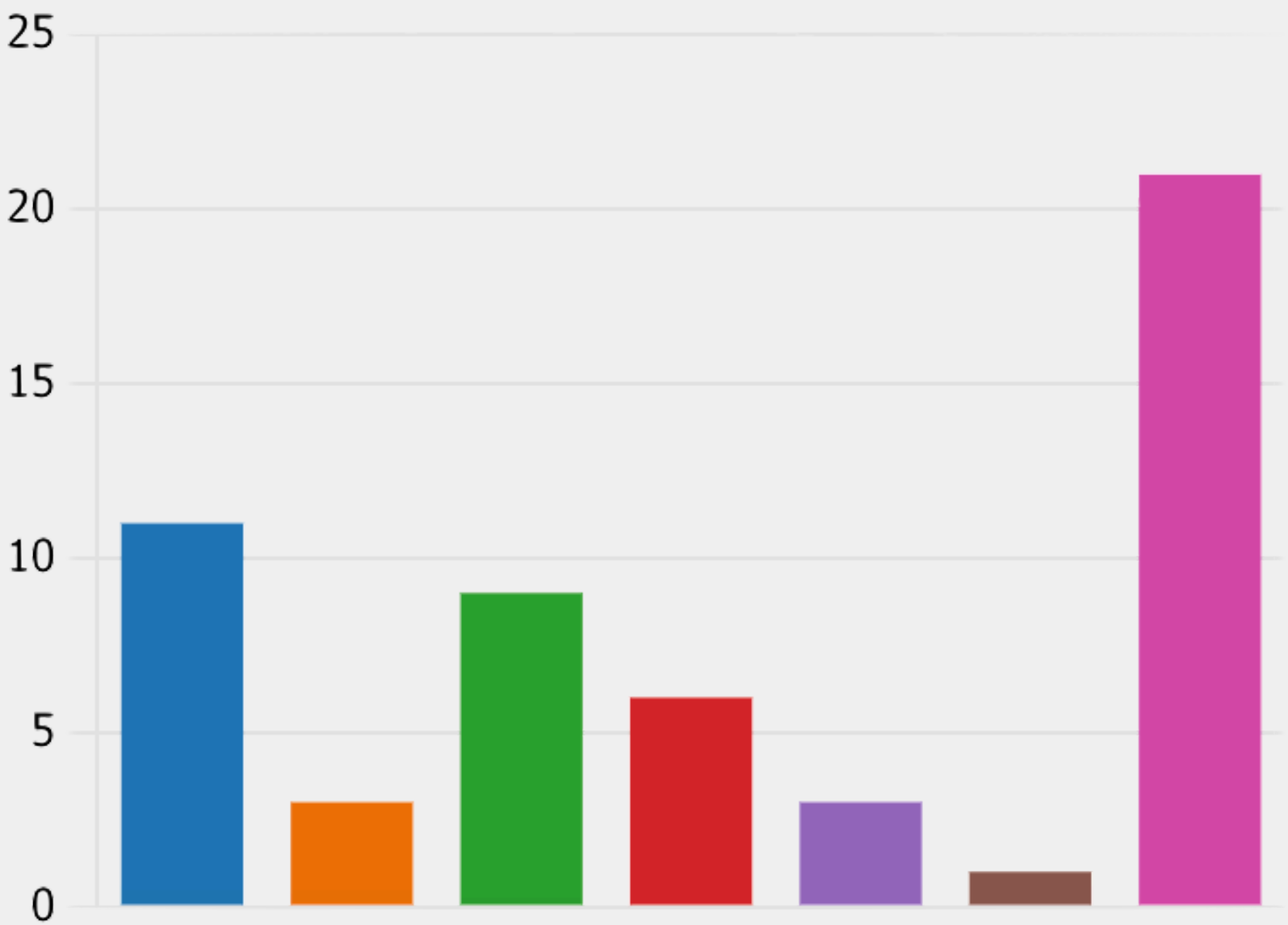


Across Fife, **68%** of the population is considered economically active with **39%** being employed full-time

Annual Income Breakdown

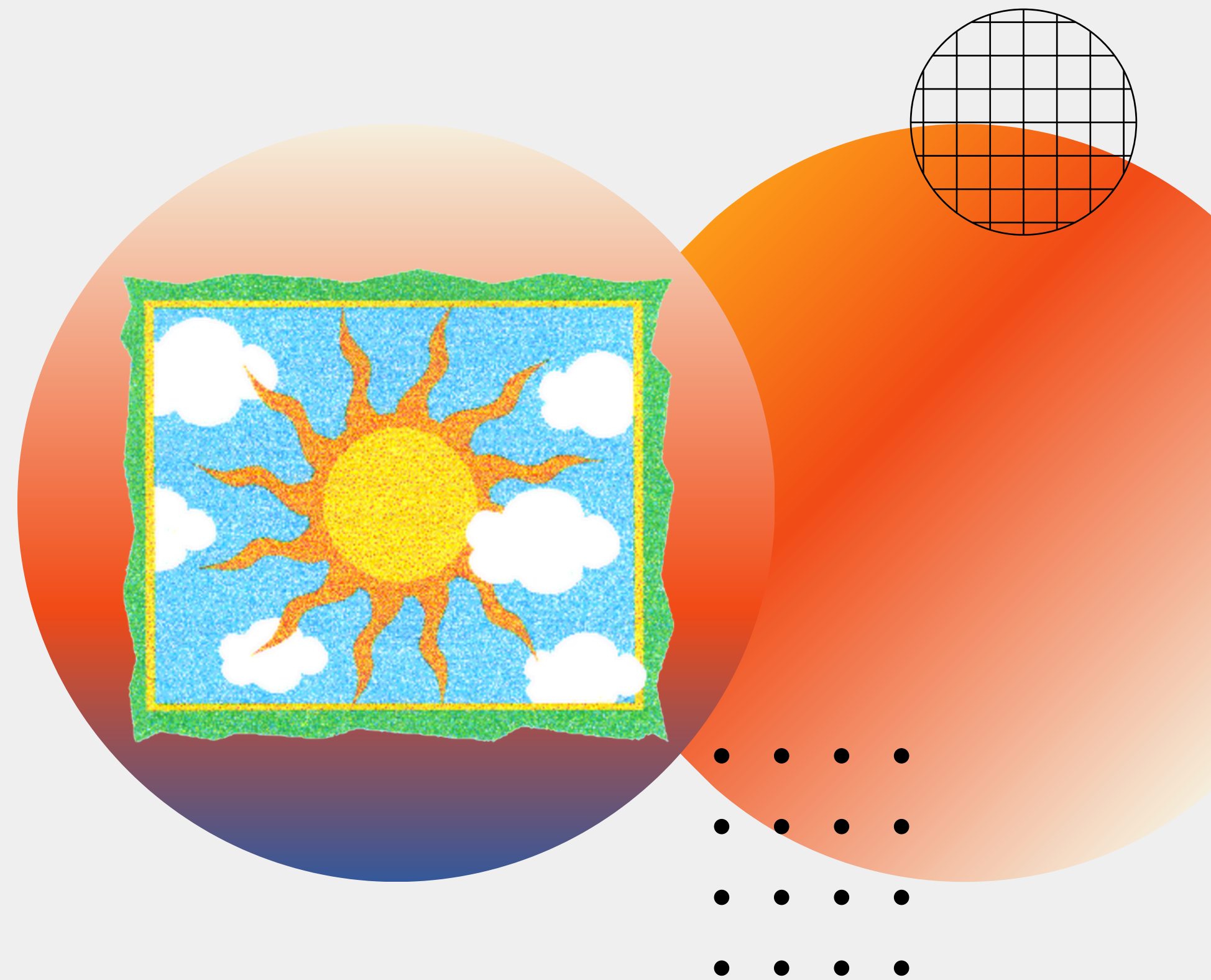
- <£15000: 11 (20.4%)
- £15000 - £20000: 3 (5.6%)
- £20000 - £30000: 9 (16.7%)
- £30000 - £45000: 6 (11.1%)
- £45000 - £60000: 3 (5.6%)
- > £60000: 1 (1.9%)
- Prefer not to say: 21 (38.9%)

Average yearly income in Fife: £25,000
Average yearly income in Scotland: £28,000
(These figures fail to account for size of the household and variable number of dependents)



May/June 2024

Thank you



All data about the Fife population is from Scotland's Census 2022
<https://www.scotlandscensus.gov.uk/search-the-census#/search-by>